

The larger red dot on the map marks Kopinlahti Bay (the canoe rental spot) and the smaller red dot marks the campfire in Savilahti Bay.



## SAFETY INSTRUCTION

Keep calm at all times. Prepare yourself in advance by ensuring that your telephone, as well as a change of clothes during colder seasons are packed in a waterproof manner.

Wear the appropriate personal flotation device, such as life jacket or buoyancy aid, at all times and ensure that it is properly secured. Make sure to bring a bale scoop or another similar tool for removing water from the canoe with you.

Do not stand in the canoe. Do not reach or dodge sideways.

Avoid leaving unsecured loops or straps in your equipment or clothes that could get caught.

Paddle your canoe so close to the shore that you can swim to safety if necessary. Stay on the map, i.e. know where you are at all times. Keep an eye on the weather conditions, particularly wind and thunderstorms, and come ashore where necessary. Stick to areas where you are sheltered against the wind.

### If you end up in the water

- First look after yourself and then help others; your equipment comes second.
- Swim to shore where possible. If you cannot get to the shore, remain next to or on top of the canoe, and try to bail out the water.
- call for help by shouting, for example.
- keep yourself and your friends warm.

Where necessary, do not hesitate to follow general first aid and emergency instructions.

## PADDLING INSTRUCTIONS

**When using an open canoe**, grab the end of the paddle with one hand and the shaft with the other, keeping your hands shoulder-width apart. In a two-person canoe, the canoeists usually paddle on opposite sides of the canoe. The person at the rear controls the direction of the canoe by using their paddle as a rudder or by adjusting the force of their paddling. When one person enters or exits the canoe, the other should support the canoe.

**When using a kayak**, pull on the spray skirt before entering the kayak, and fit it around the cockpit when seated. Ensure that the removal strap of the skirt remains visible. Support your friend's kayak as they are entering it. Adjust the foot pegs where necessary.

**In a kayak**, the width of your grip on the paddle may vary from shoulder-width to a wider grip. Sit in a relaxed position with your upper body straight, letting the kayak follow the movement of the water. The paddle is an effective tool for maintaining your balance and can be used for support while in the kayak.

Look out for rocks while paddling and when coming ashore.

The person hiring the canoe will be responsible for any lost or damaged equipment in full.

The National Park has its own rules that must be complied with!

Remember to take the domestic peace of other people into account when moving near the shore. Coming ashore on private land is not covered by the right of common access.

Erärenki Jouni Palén: Tel. +358 50 545 4722

**Emergency telephone number: 112**

Addresses:

Southern end of Kyynäränharju, Kopinlahti Bay: Kansallispuistontie 203, Tammela

Northern end of Kyynäränharju, Pirttilahti Bay: Kanteluksentie 211, Tammela

Korteniemi Heritage Farm: Korteniementie 270, Tammela

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